

# citycollegenews

the student newspaper of MCTC



## Event Feature

### Real Recovery at Minneapolis College

Photo and Article by Anya  
Reporter  
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*Recovery is real at Minneapolis College!  
Change your thoughts and change your world!  
Yes! Recovery is possible.*

Favorite quotes are written on the chalkboard in various colors – orange, green, and two shades of pink. On the edge of this chalkboard sits a heart adorned with those same colors. Another chalkboard displays a C. S. Lewis quote: “Hardships often prepare ordinary people for an extraordinary destiny.”

The Addiction Counseling Club (ACC) meets to discuss the upcoming 11<sup>th</sup> annual Operation Recovery 2019 event taking place Thursday, September 26 from 10 a.m. to 2 p.m. There are some ordinary extraordinary people in the Addiction Counseling Club and Collegiate Recovery Program (CRP).

Seth McKee, president of the Addiction Counseling Club and student worker, is in the last year of his concentration in Addiction Counseling and will be transferring to Metropolitan State University in the spring.

Seth is in recovery. He attends Minneapolis College because he knew wanted to go back to school and heard that it was a good school for those interested in working in the field of addiction counseling and recovery.

You can read the rest of Anya’s article [here](#).

## Opinion

### Military veterans can access resources at Minneapolis College

By Henry Kaynes  
Volunteer Tutor, Veterans Welcome Center

Veterans entering Minneapolis College, you probably carry the same kind of concerns and anxieties as their non-military counterparts.



It is a new chapter. To some it may feel like being at the bottom of a mountain looking up.

Minneapolis College offers resources specifically tailored to ease the transition from military life to academic life. A unique resource for veterans is the presence of a Veterans Welcome Center on campus. The Welcome Center serves much as a “day room” does for a military unit. It is a place where veterans can hang out and visit with others who have “been there.”

You can read the rest of Henry’s article [here](#).

## Book Review

### Twin sisters novel offers thrills

By Singyi Lo  
Contributing Writer

As Nell Craine said in *The Haunting of Hillhouse*, “It’s a twin-thing.” But what on Earth is the twin-thing? According to myth, it’s an invisible bond that twins at birth had always shared. In the case of Caite Dolan-Leach’s debut novel, *Dead Letters*, twins Ava and Zeldia Antipova proved these words to be true.

You can read the rest of Singyi’s review [here](#).